



# PANKO CHAN

## LUNCH/TAKE AWAY MENU

### FISH & CHIPS

Always Tassie fish - ask for what's available.

#### CHOOSE YOUR FISH

Fish of the Day \_\_\_\_\_ \$17.5

Premium Fish \_\_\_\_\_ \$23

#### CHOOSE YOUR STYLE

- Classic Tempura
- Furikake (bonito flakes and seaweed sprinkle)
- Fresh Plain Panko
- Nori & Wasabi Goma
- Crusted Soy & Ginger (GFF) \_\_\_\_\_ +\$2

#### CHOOSE YOUR SIDE

Potato Chips (GF, VG) \_\_\_\_\_ +\$0

Panko Side Salad \_\_\_\_\_ +\$0

Sweet Potato Chips (GF, VG) \_\_\_\_\_ +\$2

Renkon (Lotus Root) Chips (GF, VG) \_\_\_\_\_ +\$2

Mix Chips \_\_\_\_\_ +\$2

### CLASSICS & SPECIALS

Crispy Yuzu Salt & Pepper Calamari (GFF) \_\_\_\_\_ \$16

Panko-coated Eggplant with Cheese Miso (V) \_\_\_\_\_ \$13

Chicken Karaage (GFF) \_\_\_\_\_ \$13

Agedashi Tofu (GFF, VG) \_\_\_\_\_ \$9.5

Takoyaki (Octopus Batter Balls) \_\_\_\_\_ \$7

Sea Salt Edamame (GF, VG) \_\_\_\_\_ \$5

House Made Pickles (GF, VG) \_\_\_\_\_ \$5

Potato Cakes (Panko Chan Style) (GFF, VG) \_\_\_\_\_ \$5

Fish cake (Panko Chan style) \_\_\_\_\_ \$9

Pork Goyza \_\_\_\_\_ \$7

### RAMEN/SOMEN

Spicy Tan Tan Ramen \_\_\_\_\_ \$17

Tassie pork-based broth blended with sesame paste and spicy chilli sauce, topped with Tassie pork mince, egg, mushrooms, bamboo shoots & spring onion

Miso Ramen \_\_\_\_\_ \$17

Tassie pork-based broth blended with three kinds of Japanese made miso paste, topped with egg, bamboo shoots, Tassie pork cha-shu, mushrooms & spring onion

Goma Ramen (V, VG) \_\_\_\_\_ \$17

Creamy sesame vegetarian broth, topped with vege mince, tofu chunks, mushrooms, red cabbage, bamboo shoots, spring onion & egg noodles

Vegan option (egg-free noodles) \_\_\_\_\_ +\$2

Tonkotsu Ramen \_\_\_\_\_ \$16

Tassie pork-based creamy broth, topped with egg, Tassie pork cha-shu, mushrooms, bamboo shoots & spring onion

Yuzu Somen (V) \_\_\_\_\_ \$14

White thin Japanese chilled noodles made of wheat flour and served with daikon mash, cherry tomatoes, bean sprouts, slice cucumber and carrots Panko Chan Yuzu Tsuyu (dipping sauce).

#### EXTRAS

Spring Onion \_\_\_\_\_ \$2      Black Garlic Oil \_\_\_\_\_ \$2

Mushroom \_\_\_\_\_ \$3      Noodles \_\_\_\_\_ \$3

Egg \_\_\_\_\_ \$3      Bamboo shoots \_\_\_\_\_ \$3

Pork Mince \_\_\_\_\_ \$4      Cha-shu Pork \_\_\_\_\_ \$4

### SALADS & RICE

Panko Chan's House Salad (GF, VG) \_\_\_\_\_ \$7.5

Sesame Roast Pumpkin & Spinach (V, VG) \_\_\_\_\_ \$12

Crispy Tofu & Kale Cranberry Miso Vinaigrette \_\_\_\_\_ \$11

Green Beans, Cherry Tomato, citrus reduction \_\_\_\_\_ \$12

Miso Soup (GF) \_\_\_\_\_ \$4

Steamed White Rice (GF, VG) \_\_\_\_\_ \$4

Steamed Brown Rice (GF, VG) \_\_\_\_\_ \$4

### CONDIMENTS \_\_\_\_\_ +\$2

- Furikake Sprinkle
- Tartare Sauce (GF, V)
- Black Sesame Aioli (GF, V)
- Ponzu (VG)
- Tonkatsu BBQ
- Japanese Mayo (V, GF)
- Spicy Garlic Soy (GF, VG)
- Fresh Wasabi (GF, VG)

### CHIPS

Potato Chips (GF, VG) \_\_\_\_\_ \$5

Sweet Potato Chips (GF, VG) \_\_\_\_\_ \$7

Renkon (Lotus Root) Chips (GF, VG) \_\_\_\_\_ \$7

Mix Chips (GF, VG) \_\_\_\_\_ \$7

Japanese Curry Chips & Melted Cheese \_\_\_\_\_ \$9

### KIDS BOX

Fish Box \_\_\_\_\_ \$9.5

Crumbed Fish & Chips

Chicken Box \_\_\_\_\_ \$9.5

Karaage Chicken & Chips (GFO)

### POKE BOWL

A mix of raw fish (or tofu) and fresh veges on a bed of rice. Originally from Hawaii, Panko Chan's Poke Bowls have a unique Japanese twist. All come with red cabbage, edamame, house pickles, nori paste, and tenkasu crunch (GFO).

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#### CHOOSE YOUR PROTEIN

Poke Sashimi Salmon \_\_\_\_\_ \$16.5

Poke Sashimi Tuna \_\_\_\_\_ \$18.5

Poke Beans (Tofu, Kale & chickpea) (VG) \_\_\_\_\_ \$15

#### CHOOSE YOUR RICE

White Rice or Brown Rice

#### CHOOSE YOUR DRESSING

Classic Soy Dressing (GF, VG)

Chilli & Garlic Soy (GF, VG)

Creamy Sesame (VG)

Ponzu Citrus (VG)

#### CHOOSE YOUR EXTRAS

Avocado Mash \_\_\_\_\_ \$3

Onsen Soft Egg \_\_\_\_\_ \$3

Chopped Kale \_\_\_\_\_ \$3

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\* V = VEGETARIAN, VG = VEGAN, GF = GLUTEN-FREE, GFF = GLUTEN-FREE FRIENDLY, VGO = VEGAN OPTION AVAILABLE